

RECREATION NEWFOUNDLAND AND LABRADOR

Post-Secondary Academic Pathways in Recreation, Leisure & Tourism

Provincial Academic & Career Guide



RecreationNL

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Institution	Program Name & Credential	Brief Description	Realistic NL Job Titles
Memorial University (School of Human Kinetics and Recreation)	Bachelor of Recreation (BREC) 4-Year Undergraduate Degree	Develops professional competencies in recreation and leisure service management, including the development, planning, and leadership of recreational activities in a variety of settings. An optional therapeutic recreation concentration provides additional preparation for therapeutic recreation practice.	Recreation Coordinator, Recreation Programmer, Recreation Manager, Leisure Services Coordinator, Therapeutic Recreation Professional
Memorial University (School of Human Kinetics and Recreation)	Bachelor of Kinesiology (BKIN) 4-Year Undergraduate Degree	Focuses on the science of human movement and exercise, with preparation for careers and further study in areas such as ergonomics, fitness, health, wellness, and lifestyle professions.	Kinesiologist, Fitness Professional, Health and Wellness Coordinator, Ergonomics Specialist, Exercise/Wellness Program Coordinator
Memorial University (School of Human Kinetics and Recreation)	Bachelor of Physical Education (BPE) 4-Year Undergraduate Degree	Prepares students for careers in physical education teaching and related areas, combining physical education content with curriculum planning, teaching methods, and pedagogy.	Physical Education Teacher, School Sport Coordinator, Athletic Coach, Physical Activity Coordinator
Memorial University (School of Human Kinetics and Recreation)	Bachelor of Human Kinetics and Recreation Co-op (BHKRC) 4-Year Co-operative Undergraduate Degree	An interdisciplinary co-operative degree combining study in exercise science, health promotion, physical activity, and an optional focused pathway in community recreation, health promotion, kinesiology, or therapeutic recreation. Includes three mandatory co-operative work terms.	Health and Wellness Specialist, Sports and Recreation Manager, Kinesiologist, Recreation Coordinator, Health Promotion Coordinator

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Memorial University (School of Human Kinetics and Recreation)	Master of Human Kinetics and Recreation (MHKR) Graduate Degree (Coursework-based)	Advanced graduate study in human kinetics and recreation, with emphasis on leadership, administration, policy, research, and professional practice within physical activity, recreation, and related fields.	Recreation Manager, Parks and Recreation Administrator, Sport and Recreation Administrator, Health Promotion Specialist, Recreation Services Director
Memorial University (School of Human Kinetics and Recreation)	Master of Science (MSc) in Human Kinetics and Recreation & PhD in Human Kinetics and Recreation Graduate Research Degrees	Advanced research degrees focused on exercise physiology, biomechanics, sport psychology, and socio-cultural studies of physical activity.	Researcher, Research Analyst, Sports Scientist, Exercise Scientist, University Instructor/Professor, High-Performance Sport Researcher
Memorial University – Grenfell Campus (School of Science and the Environment)	Environment and Sustainability Undergraduate Program with Outdoor Pursuits Coursework	Combines environmental and sustainability studies with opportunities for hands-on outdoor pursuits. Coursework can support interests in environmental management, outdoor recreation, conservation, interpretation, and related fields.	Environmental Program Coordinator, Sustainability Coordinator, Outdoor Recreation Programmer, Environmental Educator, Conservation Assistant
Memorial University – Grenfell Campus (School of Science and the Environment)	Master of Arts in Environmental Policy (MAEP) 2-Year Graduate Degree	Graduate study focused on environmental policy, governance, natural resources, sustainability, and related environmental issues.	Environmental Policy Analyst, Sustainability Policy Analyst, Natural Resource Policy Analyst, Environmental Program Coordinator, Policy Researcher

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Fisheries and Marine Institute of Memorial University	Bachelor of Maritime Studies (Maritime Management) Undergraduate Degree	Provides operational, administrative, and management education related to the marine and maritime sectors, with potential applications in marine transportation, ports, marine facilities, and related industries.	Marine Operations Coordinator, Maritime Administrator, Port Operations Coordinator, Marine Facility Manager, Marine Industry Project Coordinator
Fisheries and Marine Institute of Memorial University	Marine Diesel Mechanics 1-Year Technical Certificate	Hands-on technical training in marine engine maintenance and vessel propulsion systems, vital for passenger tour boats, recreational marinas, and coastal adventure operations.	Marine Diesel Mechanic, Marine Engine Technician, Marine Service Technician, Engine Room Rating
College of the North Atlantic (School of Academics, Applied Arts & Tourism)	Tourism & Hospitality Essentials 120-Hour Certificate of Achievement (Online Asynchronous)	Provides an introductory overview of the tourism and hospitality industry in Newfoundland and Labrador and can provide a pathway into related credit programs.	Guest Services Agent, Tourism Information Counsellor, Event Assistant, Hospitality Attendant
College of the North Atlantic (School of Academics, Applied Arts & Tourism)	Tourism & Hospitality Services 1-Year Certificate	Provides foundational training across tourism and hospitality, including accommodations, food and beverage, recreation and entertainment, transportation, and travel services. Includes a six-week field placement and professional industry certifications.	Guest Services Agent, Tourism Information Counsellor, Hospitality Attendant, Front Desk/Guest Services Representative, Tourism Services Assistant

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College of the North Atlantic (School of Academics, Applied Arts & Tourism)	Tourism & Hospitality Management 2-Year SMART+ Accredited Diploma	Provides supervisory and management training in tourism and hospitality, including tourism operations, marketing, sustainability, customer service, leadership, and destination-related topics, with field placements and industry certifications.	Tourism Supervisor, Hospitality Supervisor, Guest Services Manager, Tourism Operations Coordinator, Event Coordinator, Destination Services Coordinator
College of the North Atlantic (School of Academics, Applied Arts & Tourism)	Community and Therapeutic Recreation 2-Year Diploma	Prepares students to identify recreational needs, plan and implement community and therapeutic recreation programming, manage recreation environments, and use recreation and leisure interventions to support physical, social, cognitive, and emotional well-being. Includes field placements.	Recreation Programmer, Therapeutic Recreation Practitioner/Worker, Community Recreation Coordinator, Recreation Services Coordinator, Recreation Support Worker
College of the North Atlantic (School of Academics, Applied Arts & Tourism)	Community Leadership Development 2-Year Diploma	Develops leadership, communication, project management, community development, nonprofit, advocacy, and service-delivery skills. Includes two field placements and professional certifications including Mental Health First Aid, CPI Non-Violent Crisis Intervention, and Applied Suicide Intervention Skills Training (ASIST).	Community Services Coordinator, Community Program Coordinator, Non-Profit Program Coordinator, Youth Program Worker, Community Outreach Worker, Recreation Outreach Worker

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College of the North Atlantic (School of Academics, Applied Arts & Tourism)	Mental Health and Addictions 2-Year Diploma	Prepares students for work in the mental health and addictions field through training in addictions, mental health services, interviewing and helping skills, assessment, case management, psychology, health promotion, recovery, and trauma-informed practice.	Mental Health and Addictions Support Worker, Community Support Worker, Youth Outreach Worker, Recovery Support Worker, Addictions Support Worker
College of the North Atlantic (School of Health Sciences & Community Services)	Rehabilitation Assistant (OTA & PTA)9-Semester Diploma	Prepares students to assist occupational and physical therapy professionals in clinical and community rehabilitation settings through practical training and clinical placements.	Occupational Therapist Assistant, Physiotherapist Assistant, Rehabilitation Assistant, Rehabilitation Support Worker
College of the North Atlantic (School of Natural Resources & Industrial Trades)	Forest Resources Technician 2-Year TAC-Accredited Diploma	Practical training in forest ecology, forest management, natural resource measurements, wildlife management, law enforcement, sustainable forest management, and forestry field operations.	Forest Technician, Forestry Technician, Natural Resources Technician, Forestry Operations Technician, Conservation Technician
College of the North Atlantic (School of Natural Resources & Industrial Trades)	Fish and Wildlife Technician 2-Year Diploma	Field- and classroom-based training in fish and wildlife management, conservation, biodiversity, habitat assessment, resource monitoring, and data collection and analysis.	Fish and Wildlife Technician, Wildlife Technician, Fisheries Technician, Conservation Technician, Natural Resources Technician

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College of the North Atlantic (School of Natural Resources & Industrial Trades)	GIS Applications Specialist 1-Year post-diploma	Develops practical skills in spatial computing, GIS applications, mapping, spatial data, and web-based GIS technologies, with opportunities to apply skills in work-life settings.	GIS Applications Specialist, GIS Technician, GIS Analyst, Mapping Technician, Spatial Data Technician
Academy Canada	Therapeutic Recreation (Disability Support and Geriatric Profession) 5 Semesters plus Practicums, 94 Weeks Total Diploma of Health and Human Sciences	Dedicated instruction in accessible recreation programming, assistive adaptations, and leisure intervention for individuals with disabilities and seniors in long-term care.	Therapeutic Recreation Worker, Recreation Programmer, Disability Support Worker, Recreation Support Worker, Therapeutic Recreation Assistant
Academy Canada	Travel, Tourism and Hospitality CITC-Endorsed Diploma	Provides practical training in travel, tourism, hospitality operations, reservations, guest relations, travel coordination, and related industry practices.	Travel Consultant, Guest Services Representative, Tourism Coordinator, Reservations Agent, Hospitality Coordinator, Tour Operations Assistant

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Academy Canada	Child and Youth Care (With Addictions) Support Worker 84 Weeks, Including 6- and 8-Week Field Placements Diploma of Social Sciences	Prepares students to support children and youth through relationship building, behavioural support, crisis intervention, addictions support, life-skills programming, and field placements.	Child and Youth Care Worker, Youth Support Worker, Community Services Worker, Youth Program Worker, Group Home Support Worker
Academy Canada	Massage Therapy 88-Week Diploma (Health & Human Sciences)	Comprehensive training in anatomy, physiology, therapeutic massage, and related clinical skills. Graduates may pursue the applicable registration/certification process required to practise as massage therapists in Newfoundland and Labrador.	Massage Therapist, Sports Massage Therapist, Wellness Clinic Massage Therapist
Academy Canada	Occupational Health and Safety 5 Semesters plus 8-Week Field Placement Diploma of Health and Human Sciences	Provides training in occupational health and safety legislation, hazard assessment, inspections, audits, investigations, loss-control programs, environmental programs, and workplace safety management.	Occupational Health and Safety Coordinator, OHS Officer, Safety Coordinator, Safety Advisor, Workplace Health and Safety Technician

Institution	Program Name & Credential	Brief Description	Realistic NL Job Titles
Academy Canada	Esthetics and Spa Management with Electrolysis 5 Semesters plus 6-Week Work Term (with Electrolysis), or 4 Semesters plus 6-Week Work Term (without Electrolysis) Diploma of Health and Human Sciences	Combines esthetics training with spa management, customer service, esthetic treatments, and optional electrolysis training, with practical work-term experience.	Esthetician, Spa Coordinator, Spa Manager, Esthetics Technician, Wellness/Beauty Services Coordinator
Keyin College	Child and Youth Care Worker 80 Weeks of Classes + 8-Week Work Term Diploma	Prepares students to work with children and adolescents experiencing social, emotional, behavioural, or learning challenges, with training in relationship building, behaviour management, crisis intervention, suicide intervention, youth addictions, recreation and youth development, and fieldwork.	Child and Youth Care Worker, Youth Support Worker, Group Home Worker, After-School Program Coordinator, Youth Program Worker, Community Support Worker
Keyin College	Occupational Health and Safety 64 Weeks of Classes + 8-Week Work Term Diploma	Prepares students for occupational health and safety work through training in workplace hazard assessment, safety coordination, safety planning, compliance, and related workplace health and safety practices.	Occupational Health and Safety Coordinator, Safety Officer, OHS Technician, Safety Advisor, Workplace Safety Coordinator

Contact & Additional Resources

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