



ALL IN! Event 2025 Emcee

Dr. Katie Wadden holds undergraduate and Master's degrees in Human Kinetics and Recreation from MUN. She obtained her Ph.D. in Rehabilitation Sciences from UBC in 2017 and subsequently worked in MUN's School of Human Kinetics and Recreation as an Assistant Professor.

Dr. Wadden is co-founder of the MUN Fertility Research Group, where she leads research on lifestyle factors and cardiometabolic markers influencing reproductive health. She is also the Eastern Canada Research Lead for a federally funded diabetes prevention program, an evidence-based lifestyle initiative delivered through YMCAs nationwide.

She actively advocates for the professional practice of Kinesiology in the province and served for several years as President of the Newfoundland and Labrador Kinesiology Association.

