



HIGH FIVE® prices and fees as of January 1st, 2023

Training prices:

These are the prices per participants that the training host charged by Recreation NL

	Price per participant	
	Rec NL Members	Non-Member
IN CLASS TRAININGS		
Principles of Healthy Child Development (PHCD) 7hour	\$55	\$65
Principles of Healthy Child Development 4-hour (PHCD4) including 3 modules: <ul style="list-style-type: none"> ○ Planning Quality Programs ○ Introduction to Conflict Resolution ○ Communicating with Empathy 	\$55	\$65
Strengthening Children’s Mental Health (SCMH)	\$55	\$65
HIGH FIVE Sport	\$55	\$65
Principles of Healthy Aging (PHA)	\$55	\$65
Using the HIGH FIVE Quest (QUEST 2)	\$95	\$140
Becoming a HIGH FIVE PHCD Trainer (2 days)	\$540	\$685
Becoming a HIGH FIVE PHA Trainer (2 days)	\$455	\$600

Virtual Training Options on next page

VIRTUAL TRAININGS		
Principles of Healthy Child Development 4-hour (PHCD4) including 3 modules: <ul style="list-style-type: none"> ○ Planning Quality Programs ○ Introduction to Conflict Resolution ○ Communicating with Empathy Virtual Training	\$55	\$65
HIGH FIVE Sport 4-hour On-demand Training	\$60	\$60
Healthy Minds for Healthy Children On-demand Training	<i>Included with all PHCD and HF Sport trainings</i>	
Using the HIGH FIVE Quest (QUEST 2) Virtual Hybrid Training	\$132	\$129
QUEST 1 <ul style="list-style-type: none"> • Includes Guide to Policies and Procedures Tool On-demand Training	\$150	\$150
Principles of Healthy Aging (PHA) QUEST 2 On-demand Training	\$65	\$65
Principles of Healthy Aging (PHA) QUEST 1 On-demand Training	\$150	\$150

To learn more or to register for a training please visit:

- www.recreationnl.com
- www.HIGHFIVE.org

Please note, [training request](#) need to be submitted at least **6 weeks** prior to training date.



Facilitator Fees:

If you have an in-house trainer, you don't have to pay a trainer fee.

If your organization doesn't have a certified in-house trainer, then Recreation NL will assist you with finding a trainer. This fee covers the cost of a certified trainer, which included course preparation and delivery. It does not include their expenses.

Recreation NL Members & HIGH FIVE Registered Orgs.	Non-Members
\$300	\$350
<i>PLUS: their expenses according to Recreation NL's fees (travel, meals, etc.)</i>	

For a calendar of upcoming trainings please visit: <https://www.highfive.org/training-calendar>

For all other inquiries please contact:

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Recreation NL proudly the HIGH FIVE Authorized Provider, for Newfoundland Labrador, since 2002

