



Becoming a HIGH FIVE

sheet

PHCD Trainer 2024 – Info

Rec NL is planning a HIGH FIVE PHCD Trainer Course in the coming months Spring 2024 (date to be determined)

The benefits of having an in-house trainer:

- Cost – don't have the pay additional facilitator fee to have a trainer come to you
- Time – don't have to work around an external facilitators schedule
- Knowledge expert on-site – follow up after training, in-house Quest 2 and Quest 1 accessor

The process to become a trainer is as follows:

- Complete all the pre-requisites (listed below)
- Attend the two-day Trainer Course (one day virtual and one day in-person)
- Attend two-hour virtual meeting (with in the month of completing Trainer Course)
- Co-facilitate two PHCD Trainings (one virtual and one in-person)

To maintain trainer status:

- Complete at least one Quest 2 assessment a year
- Facilitate at least one PHCD training every two years
- Complete the yearly National HIGH FIVE Trainer Continue Education (ACE)

Pre-requisites:

- Principles of Healthy Child Development (PHCD) and Modules
- PHCD Quest 1
- PHCD Quest 2

Becoming a trainer is an excellent opportunity for you and your organization.

If you would like to discuss further, please contact Pam pammills@recreationnl.com



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